

Karl Rosston

Description of Presentation on Suicide in Montana

This presentation focuses on suicide within our culture with specific attention towards Montana. The presentation covers national and Montana data, demographics of a suicidal person, warning signs, risk assessment, training on how to intervene with a suicidal person, evidenced-based practices, and resources available.

Learning objectives for this presentation include: 1) Participants will be able to identify at least three warning signs of suicide, 2) Participants will know what QPR stands for, and 3) Participants will be able to identify at least two suicide prevention resources in the state.

Bio

Karl Rosston is the Suicide Prevention Coordinator for the Montana Department of Public Health and Human Services. He provides evidenced-based programs to all Montana secondary schools, implements the State Suicide Prevention Plan, supports the Montana Suicide Prevention Lifeline, implements firearm safety programs and statewide media campaigns, provides suicide prevention trainings, and coordinates suicide prevention efforts around the state. Karl is adjunct faculty at the Montana Law Enforcement Academy and a nationally certified trainer in QPR and Mental Health First Aid.

Previously, Karl was the Director of Social Services at Shodair Children's Hospital in Helena. Before returning to Montana, he was on the faculty of the University of Colorado, School of Medicine, and a clinical consultant with the Colorado Division of Youth Corrections.

He is a licensed clinical social worker who maintains a small private practice in Helena. He received his Master's in Social Work from the University of Denver and his Bachelor's in Psychology from the University of Montana.

Website: www.dphhs.mt.gov/amdd/suicide